

Practice Safe Sun!



Save Your Skin. Save Your Life.

There's a dark side to the sun:

A side that can cause melanoma and other skin cancers -
the most common cancers among young adults.

Every 20 seconds someone is diagnosed. Every hour someone dies.

It's easy to practice safe sun:

Wear sunglasses and protective clothing

Stay away from tanning beds

Limit your exposure to the midday sun

Use and reapply sunscreen of 30+ SPF

Look out for moles that change in size or appearance.

**White or Black, Asian or Latino,
no one is immune - but nobody has to get it.**



Visit www.molliesfund.org to find out more.